

West Cary Color Fun Run-*A few of the most common questions asked by our fearless Color Runners!

Do I need to be some sweet ole' runner to do this?

Oh my goodness, NO. The Color Run event is all about a color crazy day promoting health and friendship. You can run, walk, crawl, or cartwheel if you wish!

What is included with my registration?

Each registered runner will receive a t-shirt, a dance party and guaranteed fun.

Can I still register on the day of the race?

Yes, we will have adult small and adult medium shirts available for purchase on the day of the race. They will just be our regular IMPs shirts (not the color run 2019 logo).

Do I have to register my kid if he/she is in a stroller?

Strollers do NOT need to register as a runner as long as the person pushing the stroller has registered.

How long is the race course?

The course is 1.5 miles. You will walk/run on both the WCMS campus and the Town of Cary Greenway behind the campus. It is a beautiful walk/run course even without the color.

Can I run with my dog/cat/turtle?

For the safety of our runners and animal friends, we do not allow animals at the color run.

Where/when do I pick up my t-shirt?

On race day beginning at 9:00 AM, registration tables will be in the back of the school by the practice fields. Follow the sound of the music and you will find us.

How is the color administered along the course?

You will see smiling faces along the course whose main goal is to douse you in colorful powder to ensure that you look like you ran through a beautiful rainbow by the time you cross the finish line. Due to the feedback, we will have MORE color stations along the course this year!

Bring shades if you are worried about the color!

Will the color ruin clothes or running shoes?

The color does mostly wash out after the event. As with anything dirty, the sooner you wash it the better. We suggest wearing items that you wouldn't mind getting colorful.

How does the color affect the inside of cars?

Most people bring some towels for the insides of their cars, or a change of clothes just in case.

Is the Color Run timed?

This is not a timed event. Just a fun way to spend a morning with other West Cary families and promote a healthy lifestyle.

What happens if there is bad weather?

A little rain won't stop us! If there are major weather warnings check West Cary PTA's homepage on race day

What else do I need to bring with me on race day?

A WATER BOTTLE! - We have chosen to reduce the amount of plastic we use, so you will need to bring your own (preferably re-usable to help our environmental initiative). We will have a water station for you to refill your water bottle.

You can bring some money-Kona ice will also be attending the race. Blankets or lawn chairs if you need to do some relaxing. Don't forget some towels for the car and/or a change of clothes after. The school bathrooms will be accessible on race day. You can also bring sunscreen and extra water if we have a hot day. There will be lots of photo ops so be sure to bring your camera.

A lot of color runs allow runners to wear crazy socks, outfits hats etc. Is this ok for this race?

ABSOLUTLEY! This is the one time at school that crazy is encouraged so get your fun outfits on!

Will the powder hurt my eyes?

The color throwers will do their best to avoid the eye area but you might want to bring a pair of shades. If it does however make its way in your eyes it won't hurt.

My Baby! I don't want to get color on me or my child. What do I do?

Just ask our color throwers to skip you. They are very understanding of allergies, concerns about too much color and will definitely listen to your requests. Parents have also brought goggles for kids to ensure that they don't get it in their eyes.

Where will we park?

You can use the campus parking lot (accessible from Evans road) or the Bus parking lot (accessible from Maynard Road). There will be overflow parking across the street at the church

What if I have a super sweet question that isn't answered here?

Direct all questions to wcmspta1@gmail.com